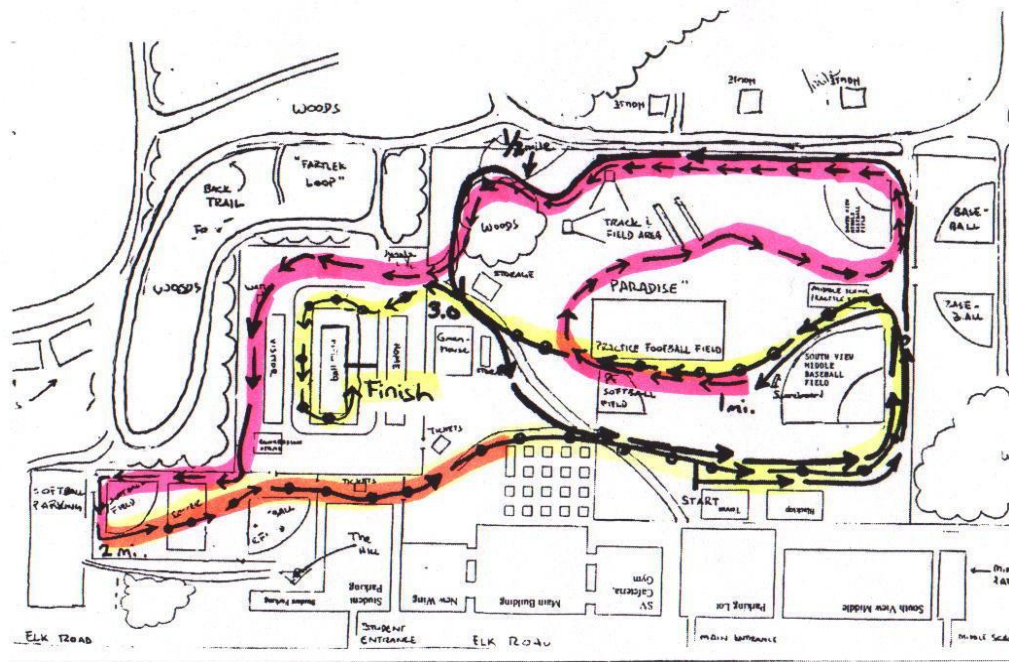


South View Regional Course Map 2002

HOME

BLACK → 1st Mile  
RED → 2nd Mile  
GREEN → 3rd Mile



The course is approximately 5,000 meters long. It is exactly the same as last year. The entire race is on grass and dirt trails, except the finish, in which the runner has a choice between the track and the inside grass for about 350 meters. Spikes are allowed.

**Mile 1:** Starts in the practice athletic fields behind the high schools and middle schools. Close to the huts and the tennis courts. The runners will do a complete loop around the entire practice field called "Paradise." When they run back across the starting line, they are a little over 1100 meters into the race. The runners will then proceed to go in the same direction as when they started, except, as they get to the other side of the middle school baseball field the second time, they will turn left and come around the baseball fence. At the end of the baseball fence and just before the practice football field, they are turning toward the football stadium and greenhouse. This is the one mile mark.

**Mile 2:** The runners will go down the sideline of practice football field rounding the back of the end zone closest to the greenhouse. They will then head back toward the middle school side of the practice fields. At the end of these fields, they will turn left toward the back of the fenced area. They will then proceed down the back fence toward the stadium again. This time they will disappear behind some trees and then enter the football stadium through the back gate. They will cross through the back of the stadium and head up a very mild and runner friendly incline. They will follow the incline to the back of the visitor stands where they will exit the football stadium. The runners will turn right into the soccer practice fields. They will run along the back of the soccer field toward the softball fields. They will round the softball field...

**Mile 3:** ...and cross the soccer practice field coming back. They will then go through another fence into the baseball section of the fields. They will cross through the baseball seating area and run toward the main student parking lot, exiting the baseball fields just in front of the football stadium. They will stay straight and run behind the school back toward the starting line, which they will cross once more. Again they will round the middle school baseball field (as they did on the first mile) and run along the practice football field heading toward the stadium again. this time they will not round the practice field, but instead, stay straight and run into the football stadium and enter onto the track. They will run on the track for about 200 meters and then cross onto the grass behind the end zone closest to the main parking lot. They will round the field (now on grass) and head down the home stands sidelines for 120 meters until the finish.